

Day 5 - **Discovering charming villages:** Ferento, Sant'Angelo, Roccalvecce, Civita di Bagnoregio, and Bolsena

Ferento, the Ancient Roman City: wander through the remarkable ruins of Ferento, an ancient Roman city where the magnificent theater still hosts events and performances today. As you explore the remnants of the ancient forum and baths, you'll find yourself immersed in the vibrant history of one of the most significant centers of the imperial age.

Roccalvecce, a Village Frozen in Time: discover the enchanting village of Roccalvecce, a hidden medieval treasure nestled in the picturesque hills of Teverina. With its charming cobblestone streets and breathtaking views, this timeless village invites you to unwind and soak up its captivating atmosphere. Don't miss the striking Costaguti Castle, an important part of Lazio's historic houses network.

Sant'Angelo di Roccalvecce, the Fairy Tale Village: step into a storybook in Sant'Angelo di Roccalvecce, where the village has transformed into an open-air museum adorned with more

Day 6 - Unveiling the etruscans: Tarquinia and Tuscania

Necropolis of Targuinia: embark on a journey through the Etruscan necropolis of Monterozzi in Tarquinia, a UNESCO World Heritage site celebrated for its breathtaking frescoed tombs, most notably the iconic Tomb of the Leopards. This extraordinary site provides profound insights into the Etruscan civilization and their intriguing burial customs. Don't forget to visit the National Archaeological Museum, where a treasure trove of artifacts from this ancient culture awaits discovery, bringing the past vividly to life.

Necropolis of Tuscania: immerse yourself in nature's splendor at the necropolis of Madonna dell'Olivo in Tuscania. This serene location boasts impressive monumental tombs, including the striking Grotta della Regina. Once you've explored the necropolis, take a leisurely stroll through the charming nearby medieval village, where the beautiful churches of San Pietro and Santa Maria Maggiore add to the enchanting atmosphere of the day.

than 40 whimsical murals inspired by beloved fairy tales like *Alice in Wonderland* and *Pinocchio*. This charming destination is sure to ignite your imagination and delight all ages.

Civita di Bagnoregio, the Dying Town: perched precariously on a fragile tuff cliff, Civita di Bagnoregio is accessible only by foot. As you traverse the path leading to this captivating village, you'll be rewarded with stunning stone houses and breathtaking panoramic views, making it one of Italy's most iconic and picturesque landscapes

Bolsena and Its Lake: conclude your day at Bolsena, home to Europe's largest volcanic lake, renowned for its crystal-clear waters and charming lakeside villages like Bolsena, Marta, and Capodimonte. In Bolsena, explore the historic center dominated by the impressive Monaldeschi Castle, offering enchanting vistas and an idyllic panorama of the lake-a perfect way to end your journey through this magical region.

Day 7 - Adventure among monsters and waterfalls: Bomarzo and Chia (Soriano nel Cimino)

Bomarzo, Sacro Bosco (Park of Monsters): dive into the whimsical world of the Sacro Bosco, or Park of Monsters, where colossal stone sculptures come to life, depicting fantastical creatures from mythology. Commissioned by Prince Vicino Orsini in the 1500s, this captivating garden promises a surreal experience that is unlike any other, leaving you in awe of its unique artistry.

Chia Waterfall Park and Pasolini Tower: conclude your adventure by uncovering the breathtaking beauty of Chia Waterfall Park, a natural paradise adorned with stunning waterfalls that tumble gracefully through the picturesque landscape. While you're there, don't miss the medieval Pasolini Tower-a once-hidden creative refuge for the renowned filmmaker Pier Paolo Pasolini, where he found inspiration for many of his remarkable works.







European Capital of Culture 2033 **Candidate City**

Viterbo and Tuscia in 7 Days



Day 1 - Dive into the middle ages: historical center of Viterbo

Welcome to Viterbo, home to one of the best-preserved medieval centers in all of Italy! As you stroll through the streets of the San Pellegrino district, prepare to be enchanted by the city's medieval charm. Make sure to explore these must-see highlights:

- · The Popes' Palace, Cathedral of San Lorenzo, and Museum of Colle del Duomo: step into history at the site of the very first papal conclave, where pivotal decisions that shaped the future of the church were made.
- Palazzo dei Priori: an impressive palace that has served as the base for Viterbo's civic authorities for centuries. Inside, the Museo dei Portici showcases masterpieces like Sebastiano del Piombo's "Pietà" and "Flagellazione di Cristo," each with its own fascinating story.
- · Teatro dell'Unione: located in the lively Piazza Giuseppe Verdi, this 19th-century architectural gem is a true spectacle, celebrated for its beautiful design and rich cultural contributions.
- Sanctuary of Santa Rosa and Museo del Sodalizio dei Facchini: discover the enthralling tradition of the Trasporto della Macchina di Santa Rosa-recognized by UNE-SCO as an intangible cultural heritage. Each September 3rd, the Facchini bravely carry the towering Macchina di Santa Rosa, an impressive 30 meters (98 ft.) and weighing around 5,000 kg (11,000 lbs), through the city's winding streets
- Museum of Ceramics of Tuscia: dive into local craftsmanship at this fascinating museum, where you can learn about the ancient "Zaffera" technique that has shaped the region's ceramic artistry for generations.
- National Etruscan Museum of Rocca Albornoz: perfect for archaeology enthusiasts, this treasure trove displays remarkable Etruscan artifacts alongside intriguing finds from the necropolises of Castel d'Asso and Norchia.

$D\alpha y 2$ - A voyage through time: Bagnaia and Vitorchiano

Villa Lante di Bagnaia: prepare to be awed by this Renaissance masterpiece, celebrated for its breathtaking Italian gardens and stunning fountains. Designed by Vignola, Villa Lante harmoniously blends nature and architecture within an exquisite water-setting. It was recognized as Italy's Most Beautiful Garden in 2011, making it an unmissable destination.

Vitorchiano: nestled on volcanic rock, this medieval village boasts a unique charm unlike any other. Remarkably, it's the only place outside Easter Island to feature an authentic Moai statue-adding a dash of mystique to its already captivating atmosphere.



Day 3 - Embrace wellness and relaxation in the thermal city of the popes

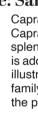
Welcome to Viterbo, where the soothing thermal waters-rich in minerals and sulfur-have been cherished since ancient times for their healing properties, benefiting the skin, joints, and respiratory system. In 2023, Viterbo proudly joined the European Historic Thermal Towns Association (EHTTA), cementing its status as one of Europe's top thermal destinations.

The city is famed for its natural springs, with several inviting free hot springs that beckon visitors to unwind:

Bullicame: immortalized in Dante's Divina Commedia, this delightful spring features natural pools that offer a warm embrace with temperatures around 55°C, perfect for a restorative soak.

Day 4 - Journey along the Francigena Route: San Martino al Cimino and Caprarola

Abbey of San Martino al Cimino: step into the captivating village of San Martino al Cimino, a place that thrived under the patronage of Princess Donna Olimpia Maidalchini Pamphilj. Its crown jewel is the majestic Cistercian Abbey, founded in the 13th century, which beautifully combines austere elegance with intricate details. Nestled along the famed Via Francigena Route, this village not only offers architectural splendor but also a profound spiritual experience as it connects Viterbo with numerous charming towns in the Tuscia region.





Carletti Pools: these pools provide a laid-back bathing experience, with soothing temperatures ranging between 30-40°C, allowing you to relax outdoors surrounded by nature.

If you're looking for a touch of luxury, Viterbo does not disappoint. Discover a variety of thermal pools and spa treatments where the waters can reach a revitalizing 58°C before being skillfully adjusted for therapeutic purposes. Renowned spa facilities in Viterbo include Terme dei Papi, Terme Salus, Tuscia Terme, and Therma Oasi

Whether you choose to immerse yourself in the tranguil beauty of natural hot springs or indulge in the comfort of a state-of-the-art spa, Viterbo's thermal baths are the perfect sanctuary for rejuvenation and relaxation.

Caprarola and Palazzo Farnese: your next stop takes you to Caprarola, home to the magnificent Palacio Farnese. This splendid Mannerist palace, with its unique pentagonal design, is adorned with breathtaking frescoes that tell the stories of its illustrious past. Once the residence of the powerful Farnese family, the palace is surrounded by lush gardens, making it the perfect spot for a leisurely stroll amidst nature's beauty.